

Self advocacy

Trainee assessment portfolio

23385 V1 Level 3 Credit 3

Describe self advocacy and support a self advocacy process in a health or disability setting.

Name

NZQA number

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Important information for trainees

People assessed as competent in this unit standard are able to:

- Describe the concept of self advocacy in a health or disability setting.
- Support a person in a self advocacy process in day-to-day situations in a health or disability setting.

Special notes

- 1 The performance of all elements of this unit standard must comply with any relevant cultural or legislative requirements including the rights and responsibilities of people receiving services or supports as outlined in the Health and Disability Commissioner (Code of Health and Disability Services Consumer Rights) Regulations 1996.
- 2 In this sector, support given to a person should be given in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 3 The advocacy issue or concern relates to day-to-day situations. It may include but is not limited to—selecting meals, accessing medical services, selecting flatmates.
- 4 Individual advocacy issues can lead to systemic issues, for example an issue of age appropriate activities for one person may be resolved but the same issue may occur for other people. In terms of assessment against this unit standard, the candidate is only expected to provide evidence for the advocacy issue related to the person receiving support.
- 5 This unit standard cannot be assessed against in a simulated environment. It is required that people seeking credit for this unit standard demonstrate competence and be assessed in the workplace. This can be through paid or unpaid employment or in placements in a service provider workplace negotiated by an education provider.
- 6 An ability to integrate theory with practice in the workplace must be demonstrated. This will call for a variety of modes of assessment and forms of evidence to show consistency of performance across a range of situations.
- 7 Definitions
 - a An advocate is defined as someone who is speaking or acting for oneself or on behalf of others regarding a particular issue.

- b Systemic advocacy is advocacy that aims to change systems, attitudes, policies, and laws that impact on the lives of all people with disabilities.
 - c Self advocacy is speaking or acting on behalf of oneself regarding a particular issue.
- 8 Preferred communication method relates to the method of communication preferred by the consumer and relates to the consumer's communication ability.

References

- Careerforce workbook—23385v1 Self advocacy
- Organisation's policies and procedures.

This trainee assessment portfolio contains

- Important information.
- Assessment tasks.
- Workplace verification.
- Feedback form.
- Assessment record sheet.

Instructions

- From approximately mid 2008 you will have the option of completing the assessment tasks online at www.careerforce.org.nz/assessment.
- Attach all written material to this trainee assessment portfolio.
- In some work situations it may not be possible to carry out the practical application(s) required for observations. If that is the case, you are required to produce a written/oral response in task one.
- Read through the checklists for the workplace verification tasks; if you can confidently tick all the boxes then you are ready to be assessed.
- Your performance of the activities needs to be completed in a professional manner which shows the assessor/verifier that you have a full understanding of all that is involved. The assessor/verifier may require you to perform the tasks on more than one occasion to ensure that you have demonstrated sufficiency of performance.
- Please give this trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On completion the results will be processed and sent to Careerforce for registering on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please discuss this with your assessor.

Activity	Description	Unit Standard
Assessment tasks Task one (Blue)	Describing self advocacy which involves empowerment and/or disempowerment and respect for a person's choices and decision-making.	Element 1
Workplace verification Task two (Grey)	Supporting a consumer in two self advocacy processes.	Element 2

Assessment tasks

Task one—Describing self advocacy which involves empowerment and/or disempowerment and respect for a person’s choices and decision-making.

1a Defining advocacy, self advocacy, empowerment and disempowerment in a health or disability setting. (1.1, 1.2)

Below are a series of definitions which can be matched with each of the following words:

- Advocacy.
- Self advocacy.
- Empowerment.
- Disempowerment.

Match the following definitions with the correct words from the above list.

Increasing the capacity of individuals to make choices and to transform those choices into desired actions.	
The ability to understand and effectively communicate one’s problem, cause, idea, or policy to others.	
To deprive of the power or influence to make choices and transform those choices into desired outcomes.	
The act of supporting (understanding), pleading or arguing (effectively communicating) in favour of a problem, cause, idea, or policy on behalf of self or others.	

1b Defining advocacy, self advocacy, empowerment and disempowerment in a health or disability setting. (1.1, 1.2)

Explain in your own words (either orally or in writing), the difference between advocacy and self advocacy.

Advocacy	
Self advocacy	

1c Defining advocacy, self advocacy, empowerment and disempowerment in a health or disability setting. (1.1, 1.2)

Explain in your own words (either orally or in writing), what the terms 'empowerment' and 'disempowerment' mean.	
Empowerment	
Disempowerment	

2 Self advocacy and the concept of respect for the person's choices and decision-making in a health or disability setting. (1.2, 1.3)

When supporting a consumer who is involved in self advocacy over an issue it is important that you respect their choices and the decision-making processes involved.

Explain in your own words (either orally or written) why it is important that you show respect for a consumer's:

- a Choices, and
- b Decision making.

when you are supporting them with a self advocacy issue.

Statement 1:

Statement 2:

Trainee performance (completed by your assessor)			
Task one	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Comments			

I confirm the requirements have been met to achieve competency for

Task one—Describing self advocacy which involves empowerment and/or disempowerment and respect for a person’s choices and decision-making.

Assessor’s name	Assessor number
Signature	Date

Workplace verification

Task two— Supporting a consumer in two self advocacy processes.

Notes

- 1 This workplace verification needs to be completed in accordance with the organisation’s policies and procedures.
- 2 The trainee must demonstrate awareness of the holistic components involved in supporting a consumer in their unique environment.
- 3 The trainee may complete this task as an observation or they may discuss with the assessor a self advocacy situation during the last 12 months where they have supported a consumer.
- 4 For moderation purposes please ensure that:
 - Evidence of observations is included when this task is completed and kept for moderation (e.g. diagrams, photographs, facility plan).

Note

The standard requires that you demonstrate your ability to support a consumer with the self advocacy process.

It is recognised that this may not always be possible due to the nature of the support work you carry out on a day-to-day basis. To assist you to achieve the required outcomes you may need to:

- Discuss with your assessor self advocacy situations which have occurred within the last 12 months (you will need to provide evidence to support what took place—if possible have a supervisor sign off on the fact that you carried out the function).
- Arrange with your assessor to become involved in a self advocacy situation on behalf of someone else.
- Arrange with your supervisor to become involved in a self advocacy situation on behalf of someone else.

To assist your assessor please include a brief description of the self advocacy situation that you will be or have been involved in.

Situation

	Assessor/verifier checklist	Tick when competent
3	Demonstrate that you used a level of support, which involved respect and empowerment processes, which met the needs of the consumer's self advocacy choices and/or decisions (2.1, 2.3, and 2.4).	Demonstration <input type="checkbox"/>
4	Demonstrate that you used the preferred communication method for the consumer's self advocacy process (2.2). Please tick the appropriate boxes in the table below which show the methods of communication you used. <input type="checkbox"/> Verbal <input type="checkbox"/> Symbols <input type="checkbox"/> Sign language <input type="checkbox"/> Communication devices <input type="checkbox"/> Pictures <input type="checkbox"/> Signs <input type="checkbox"/> Gestures <input type="checkbox"/> Other (please specify)	Demonstration <input type="checkbox"/>

Trainee performance (completed by your assessor)			
Task two	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment	Date	<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Comments			

Trainee demonstrated competent and consistent performance and the demonstrations were based upon ongoing observation of the trainee during the performance of normal duties.

Assessor's name	Assessor number
Signature	Date

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23385 v1—Self advocacy

Level 3 Credit 3

Assessment record sheet

Trainee information			
Name			
Employer			
NZQA/NSI number (ROL)		Date of birth	

Trainee statement of authenticity			
I hereby state that the evidence submitted for assessment is my own work.			
Signature		Date	

Trainee performance summary (completed by assessor)			
Assessment tasks			
Task one		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Workplace verification			
Task two		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit
Reassessment		<input type="checkbox"/> No credit	<input type="checkbox"/> Credit

Comments/feedback to trainee	

Assessment result (completed by assessor)	
I have assessed the trainee and confirm	
<input type="checkbox"/> The requirements have been met to achieve competency in U/S 23385 V1.	
<input type="checkbox"/> Further evidence is required to achieve competency.	
Name	Assessor number
Signed	Date

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for their records and another copy sent to Careerforce so the credit can be registered on the NQF.

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