

# Identify, implement, evaluate, and adapt diversional therapy activities for people with identified health conditions

Trainee assessment portfolio

5789 V4 Level 5 Credits 4

Trainee name \_\_\_\_\_

NZQA number

--	--	--	--	--	--	--	--	--	--

careerforce

## Important information

People assessed as competent in this unit standard are able to:

- Investigate the symptoms presented by people with identified health conditions in a diversional therapy context.
- Identify and implement diversional therapy activities for people with identified health conditions.
- Evaluate and adapt, as necessary, diversional therapy activities for people with identified health conditions.

## Recommendation

- 1 It is recommended that you successfully complete the assessments for Unit Standard 23918 *Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists* before beginning Unit Standard 5789.

## Special notes

- 1 In this sector, support given to a person should be given in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 2 This unit standard cannot be assessed against in a simulated environment. It is required that people seeking credit for this unit demonstrate competence and be assessed in the workplace: through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 3 Definitions
  - a **Organisation's policies and procedures** are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of this organisation and any other organisation(s) involved.

- b **People with identified health conditions** refers to, but is not limited to, people with particular physical, social, cultural or emotional needs, interests or abilities, deriving from or due to: dementia, stroke, arthritis, orthopaedic conditions, multiple sclerosis, Parkinson's, depression, hearing impairment, vision impairment, or neurological, circulatory or respiratory conditions.
  - c **Person/consumer** in the context of this unit standard means someone accessing services in a health or disability setting in a residential care facility or in a private home – their own or a friend's, group, or family member's.
  - d **Person's file** refers to a file of records pertaining to a person, compiled by the team providing care to that person.
  - e **Service delivery plan** in the context of this unit standard is a generic term used to cover the individual plans that are developed by service providers with consumers and their families/whānau for service delivery.
- 4 The current version of the following legislation, codes and documents must be complied with, including but not limited to the:
    - a Treaty of Waitangi;
    - b New Zealand Society of Diversional Therapists' *Standards of Practice* and *Code of Ethics*. Available from <http://www.diversionaltherapy.net.nz>;
    - c Mental Health (Compulsory Assessment and Treatment) Act 1992;
    - d Health and Safety in Employment Act 1992;
    - e Privacy Act 1993;
    - f Accident Rehabilitation and Compensation Insurance Act 1992;
    - g *The United Nations Principles for Older Persons 1991*, based on declaration of rights by the International Federation on Ageing (IFA);
    - h Health and Disability Commissioner (*The Code of Health and Disability Services Consumers' Rights*) Regulations 1996.

## References

- The organisation’s policies and procedures.
- “Portfolio and Case Study Development” document (found at the end of this assessment portfolio).

## This trainee assessment portfolio contains

- Instructions.
- Important information.
- Feedback form.
- Assessment record sheet.
- “Portfolio and case Study Development” document.

## Instructions

- To complete this assessment you will need to develop a portfolio of documents which demonstrates that you have met all of the requirements of the unit standard. Please read the “Portfolio and Case Study Development” document which is found at the end of the assessment portfolio, before you start the assessment for this unit standard.
- This portfolio will include:
  - Actual (original) documentation; and/or
  - A case study based on a real situation that you have written for this assessment.

Your portfolio will need to be supported by additional oral or written commentary that you provide to your assessor to demonstrate your competence in areas which are not covered by the actual (original) documentation or case study.

- Where you use copies of original documents you will need to ensure that all identifying details of the consumer are removed. Removal of identifying details may not be needed if you gain consent from the consumer to use the documentation that you have developed. In this case, written evidence of consent should be included.
- Your assessor will discuss with you the “professional assessment” process involved in achieving the expected outcomes from this assessment.
- Attach all written material to the trainee assessment portfolio.
- Your performance of the activities needs to be completed in a professional manner which shows the assessor that you have a full understanding of all that is involved. The assessor may require you to perform the tasks on more than one occasion to ensure that you can demonstrate consistency of performance.
- All of your responses must be in accordance with your organisation’s policies and procedures. You need to ensure that a copy of the appropriate section(s) of your organisation’s policies and procedures is/are available as evidence to assist the assessor.
- Please give your trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On successful completion, the results will be processed and sent to Careerforce for registering credits on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please contact your assessor.

## Overview of assessment

Activity	Description	Unit Standard
Assessment Task One (Blue)	Investigating the symptoms presented by people with identified health conditions in a diversional therapy context.	Element 1
Assessment Task Two (Blue)	Identifying, implementing, evaluating and adapting, as necessary, diversional therapy activities for people with identified health conditions.	Element 2 Element 3

# Written assessment task

Task One - Investigating the symptoms presented by people with identified health conditions in a diversional therapy context. (Element 1)

## Overview of task:

The instructions state that you can complete this assessment based on the use of original documents and/or a case study to meet the stated requirements. Please make sure that you have read and understood the “Portfolio and Case Study Development” document found at the end of this assessment portfolio.

To meet the requirements of this task you are to identify **at least four** symptoms associated with identified health conditions for **four** different people. The people chosen for your study may include, but are not limited to, people with particular physical, social, cultural or emotional needs, interests or abilities, deriving from or due to: dementia, stroke, arthritis, orthopaedic conditions, multiple sclerosis, Parkinson’s, depression, hearing impairment, vision impairment, or neurological, circulatory or respiratory conditions.

To carry out this task you must:

- 1 Identify four people you support through diversional therapy practice who have identified health conditions.
- 2 Identify one symptom associated with each person’s health condition.
- 3 Investigate the symptom in terms of the impact it will have on the person’s ability to participate in diversional therapy activities.
- 4 Ensure that you do not identify the person.

For each person you have identified, you should outline the following subjects: the condition; a symptom of the condition; the impact of that symptom on the person; and the impact of the symptom on participation in a diversional therapy activity. You should present this information in a format or manner that:

- Is specified by your organisation; or
- Utilises a format which you have developed over time to help you with the assessment and planning of diversional therapy activities; or
- Utilises (or is based on) the sample table following.

All activities related to this assessment must demonstrate that the support you give to a person is given in a manner that maximises the independence of that person. This support should be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community.

Your assessor will use a “professional assessment” process to confirm the validity of all of the documents you have attached.

## Sample Table

If the space below is insufficient for your response, please use additional paper.

Complete this table for four different people with different health conditions

	Condition	Symptom of the condition	Impact of the symptom on the person	Impact on participation in a diversional therapy activity
<b>Person 1</b>				
<b>Person 2</b>				

	Condition	Symptom of the condition	Impact of the symptom on the person	Impact on participation in a diversional therapy activity
<b>Person 3</b>				
<b>Person 4</b>				

# Written assessment task

Task Two - Identifying, implementing, evaluating and adapting (as necessary), diversional therapy activities for people with identified health conditions. (Elements 2 and 3)

## Overview of task:

The instructions state that you can complete this assessment based on the use of original documents and/or a case study to meet the stated requirements. Please make sure that you have read and understood the "Portfolio and Case Study Development" document found at the end of this assessment portfolio.

To meet the requirements of this task you are to:

- 1 Identify two diversional therapy activities for each of two of the people with different health conditions who you have considered in Task One i.e. a total of four diversional therapy activities for two different people. (2.1)
- 2 Implement the four diversional therapy activities you have identified. (2.2)
- 3 Describe the benefits of the four diversional therapy activities in terms of the specific requirements for each individual. (2.3)
- 4 Evaluate the four diversional therapy activities you undertook with the two people, including how the activity:
  - Met each person's goals;
  - Met the diversional therapist's goals; and
  - Took the person's health condition into account. (3.1)
- 5 Adapt, if necessary, the diversional therapy activities and/or environment for the two people to meet the requirements of each person and the relevant provisions of health and safety legislation. (3.2)
- 6 Record any adaptations made to or within the diversional therapy activities and/or environment in the service delivery plan and/or person's file in accordance with your organisation's policies and procedures. (3.3)

You should present this information in a format or manner that:

- Is specified by your organisation; or
- Utilises a format which you have developed over time to help you with the assessment and planning of diversional therapy activities; or
- Utilises (or is based on) the sample table following.

All activities related to this assessment must demonstrate that the support you give to a person is given in a manner that maximises the independence of that person. This support should be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community.

Your assessor will use a "professional assessment" process to confirm the validity of all of the documents you have attached.

**Evaluate the diversional therapy activities you undertook with the two people with health conditions and complete the table below to record your results.**

If the space below is insufficient for your response, please use additional paper.

Attach copies of all documents you use during this process to provide evidence that will support your statements below.

Response required for:	Person One	Person Two
Provide a summary of the health conditions and related symptom(s) of the person.		

**Activity One**

What diversional therapy activity did you identify for the person?		
What diversional therapy activity did you implement for this person?		

Response required for:	Person One	Person Two
<p>How did the diversional therapy activity take into account the person's health condition?</p>		
<p>What are the benefits of this diversional therapy activity for the person in terms of the person's specific requirements?</p>		
<p>How did the diversional therapy activity meet the goals of the person and the diversional therapist?</p>		

Response required for:	Person One	Person Two
<p>Did this diversional therapy activity meet the requirements of person in terms of the person's identified health conditions?</p>		
<p>What adaptations (if any) were required to this diversional therapy activity and/or the environment to meet the requirements of the person and any relevant health and safety legislation?</p>		
<p>What adaptations (if any) did you record in the service delivery plan and/or person's file?</p>		

Response required for:	Person One	Person Two
------------------------	------------	------------

**Activity Two**

<p>What diversional therapy activity did you identify for the person?</p>		
<p>What diversional therapy activity did you implement for this person?</p>		
<p>How did the diversional therapy activity take into account the person's health condition?</p>		

Response required for:	Person One	Person Two
<p>What are the benefits of this diversional therapy activity for the person in terms of the person's specific requirements?</p>		
<p>How did the diversional therapy activity meet the goals of the person and the diversional therapist?</p>		
<p>Did this diversional therapy activity meet the requirements of person in terms of the person's identified health conditions?</p>		

Response required for:	Person One	Person Two
<p>What adaptations (if any) were required to this diversional therapy activity and/or the environment to meet the requirements of the person and any relevant health and safety legislation?</p>		
<p>What adaptations (if any) did you record in the service delivery plan and/or person's file?</p>		

# Portfolio and Case Study Development

## What is a Portfolio?

A portfolio is a collection of your working papers that must be assembled to meet the requirements of a particular assessment. A portfolio will include copies of all documents that you have used or written when supporting a person (or people) in a health, disability or community setting. When reviewing your portfolio, an assessor will expect to see clear evidence that the documentation you have provided meets the required outcomes of the assessment task.

When planning a portfolio, you must obtain the consent of all parties involved. Even when consent has been granted, you may still need to remove key identifying details of the person or people you are supporting.

The documentation you provide in a portfolio will vary, depending on the requirements of the particular assessment task. But all portfolios are likely to include:

- Signed consent forms from the people with whom you have worked, that allow you to include documents such as the copy of a care plan or a person's social history.
- Copies of all notes you develop as you work with people in a supported setting e.g. photocopies of your field/case notes, observations, memos, reflective journal etc.
- Copies of all forms you may have used or created to carry out your role e.g. an incident reporting form, an activities register, a checklist for fieldtrips/outings etc.
- Copies of all documents that your organisation requires you to comply with or complete as part of your work e.g. copies of specific policies and procedures, a service delivery plan, an inventory of equipment, a risk management strategy etc.

It is generally acceptable to include documentation that has been developed within the last twelve months of your practice with the person or people you are supporting.

# Portfolio and Case Study Development

## What is a Case Study?

A case study is a presentation that describes your experiences with a particular person(s) or situation. This presentation may be fictionalised to the extent that identifying details are removed; but a case study should be based on an experience that *actually happened* in connection with a person(s) you were supporting, or with a particular situation that you were involved in. When reviewing your case study, an assessor will expect to see clear evidence that the documentation you have provided meets the required outcomes of the assessment task.

A case study can be used to provide evidence about a person or situation that:

- You have worked with or in as part of your support role.
- Links theory to practice.
- Leads you to reflect on the situation and on the steps you took.
- Can be verified as having actually taken place.

A case study can be presented in one of three ways (or a combination of these ways):

- 1 A collection of copies of documents which have been completed based on details, plans and evaluations associated with a person(s) or situation, with all identifying detail removed. Together, these documents should *provide details of the person(s) or situation that you were involved in; what happened and why; what the outcomes were; and what you learnt from the experience.*
- 2 A written (essay) format that contains the same information specified in italics in 1 above.
- 3 A standalone oral and/or PowerPoint presentation that contains the same information specified in italics in 1 above.

It is generally acceptable to include documentation that has been developed within the last twelve months of your experience of the person or people you are supporting or the situation(s) that is/are the subject of your case study.

It is important that your manager, supervisor or team leader confirms that the case study you have developed reflects an actual situation in which you were involved.



# 5789 V4 – Identify, implement, evaluate, and adapt diversional therapy activities for people with identified health conditions

Level 5 Credits 4

## Assessment record sheet

Trainee information		
Name		
Employer		
NZQA/NSI number (ROL)	Date of birth	
Trainee statement of authenticity		
I hereby state that the evidence submitted for assessment is my own work.		
Signature	Date	
Trainee performance summary (completed by assessor)		
Assessment tasks	No credit	Credit
Task One	<input type="radio"/>	<input type="radio"/>
Reassessment	<input type="radio"/>	<input type="radio"/>
Task Two	<input type="radio"/>	<input type="radio"/>
Reassessment	<input type="radio"/>	<input type="radio"/>
Comments/feedback to trainee		
Assessment result (completed by assessor)		
I have assessed the trainee and confirm:		
<input type="radio"/> The requirements have been met to demonstrate competency in 5789 V4.		
<input type="radio"/> Further evidence is required to demonstrate competency.		
Name	Assessor number	
Signed	Date	

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for his/her records and another copy sent to Careerforce so the credit can be registered on the NQF.

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144

# 5789 V4 – Identify, implement, evaluate, and adapt diversional therapy activities for people with identified health conditions

## Feedback form

**Please help us to improve our trainee assessment portfolio.**

Careerforce is always keen to review its materials to improve the quality of the learning experience. You can help us by telling us what you think of this assessment portfolio and by offering suggestions on ways it can be improved.

When you have answered the questions, please send this page to:

Quality Assurance Manager  
Careerforce Ltd.  
www.cssito.org.nz  
PO Box 25 255  
Christchurch  
Fax (03) 371 9285

What I liked most about the portfolio and why?

What I liked least about the portfolio and why?

Please give your rating of the following topics by ticking the relevant yes, no, or maybe boxes.

Topics or aspects of the content of this document	Yes	Maybe	No
Assessment record sheet is useful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assessment questions are easy to understand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The assessment portfolio is well laid out and easy to follow.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Additional comments

Contact details (optional)

Name	Organisation
Telephone	E-mail

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144