

# Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists

## Trainee assessment portfolio

23918 V1 Level 3 Credits 4

Trainee name \_\_\_\_\_

NZQA number

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## Important information for trainees

People assessed as competent in this unit standard are able to:

- Describe the philosophy, purpose and benefits of diversional therapy.
- Describe the role and required skills of diversional therapists.

## Special notes

- 1 The current version of the following legislation, codes and documents must be complied with, including but not limited to the:
  - a Treaty of Waitangi;
  - b New Zealand Society of Diversional Therapists' *Standards of Practice and Code of Ethics*; and *The History of the New Zealand Diversional Therapy Society* (Christchurch, The New Zealand Society of Diversional Therapy Inc, 2005), both available from <http://www.diversionaltherapy.net.nz>;
  - c Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - d Health and Safety in Employment Act 1992;
  - e Privacy Act 1993;
  - f Accident Rehabilitation and Compensation Insurance Act 1992;

- g *United Nations Principles for Older Persons 1991*, based on declaration of rights by the International Federation on Ageing (IFA);
  - h Health and Disability Commissioner (*The Code of Health and Disability Services Consumers' Rights*) Regulations 1996;
  - i Occupational Therapy Board – Notice of Scope of Practice and Related Qualifications Prescribed by the Occupational Therapy Board, available at <http://www.otboard.org.nz/index.php?page=OccupationalTherapyScopeofPractice>.
- 2 Definition
    - a **Person/consumer** in the context of this unit standard means someone accessing services in a health or disability setting in a residential care facility or in a private home – their own or a friend's, group or family member's.

## References

- Careerforce workbook 23918 – Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists.
- The organisation's policies and procedures.
- The documents listed in Special note 1 above.

## This trainee assessment portfolio contains

- Instructions.
- Assessment tasks.
- Feedback form.
- Assessment record sheet.

## Instructions

- The assessments in the assessment portfolio are “open book”. This means that you can use any information you wish when you are working on your trainee assessment portfolio, including:
  - Your learning materials and your Resource Book for Readings (Diversional Therapy).
  - Any books, electronic documents or information available via the internet.
  - Your organisation’s policies and procedures.
- Attach all written material to this trainee assessment portfolio.
- Your performance of the activities needs to be completed in a professional manner which shows the assessor that you have a full understanding of all that is involved. All your responses must be in accordance with your organisation’s policies and procedures. You need to ensure that a copy of the appropriate section(s) of your organisation’s policies and procedures is/are available as evidence to assist the assessor.

- Where documentation is not able to be included with the assessment, the assessor must sign this documentation and complete the evidence verification statement at the end of this assessment portfolio.
- Where you use copies of original documents you must ensure that all identifying details of the consumer and the consumer’s family/whānau are removed.
- You need to show how your assessment evidence complied with the Special notes for this unit standard.
- Please give this trainee assessment portfolio to your assessor so feedback and comments can be provided.
- On completion the results will be processed and sent to Careerforce for registering credits on the National Qualifications Framework.
- Should you require assistance with any aspect of the assessment, please discuss this with your assessor.

## Overview of assessment

Activity	Description	Unit Standard
Assessment Task Task One (Blue)	Describing the underlying philosophy, purpose and benefits of diversional therapy.	Element 1
Assessment Task Task Two (Blue)	Describing the role and required skills of diversional therapists.	Element 2

# Written assessment tasks

## Task One – Describing the underlying philosophy, purpose and benefits of diversional therapy.

In this task you are required to describe four specific items related to diversional therapy:

- 1 The historical development of diversional therapy in New Zealand. (1.1)
- 2 The philosophy which underpins/forms the basis for the practice of diversional therapy in New Zealand. (1.2)
- 3 The purpose of diversional therapy. (1.3)
- 4 The benefits associated with diversional therapy. (1.4)

It is important that you include sufficient detail to demonstrate to the assessor that you have a sound/clear understanding of the requirements of each of these four items.

### 1.1 The historical development of diversional therapy in New Zealand.

Using your own words, write a paragraph about each of **four key developments** which have taken place in diversional therapy since the late 1980s.

Please continue on a separate sheet if necessary.

1

2

3

4

**1.2 In what way does the practice of diversional therapy in New Zealand reflect the underpinning philosophy of diversional therapy?**

Please continue on a separate sheet if necessary.

**1.3 What is the overall purpose of providing diversional therapy for consumers?**

Please continue on a separate sheet if necessary.

**1.4 What are at least three possible benefits of diversional therapy to an individual consumer?**

Please continue on a separate sheet if necessary.

1

2

3

# Written assessment tasks

## Task Two – Describing the role and required skills of diversional therapists.

This task requires you to describe the role of the diversional therapist, the specialist skills involved in being a diversional therapist, and how the role and skills of a diversional therapist differ from those of an occupational therapist.

It is important that you include sufficient detail to demonstrate to the assessor that you have a sound/clear understanding of the requirements of each of these three items.

### 2.1 Complete the table on the following pages, describing the role of the diversional therapist in promoting the wellbeing of a person taking part in a diversional therapy programme. You must include detail about all of the following items:

- Socialisation
- Personal fulfilment
- Community integration
- Enhancing life skills
- Meaningful and positive experiences
- Maximising autonomy

You are required to write a general description about each item in the above list and include an example chosen from your personal experience of what can be done to bring it about. The example will show the assessor that you have a sound understanding of the meaning of each item. The actual names of consumers must not be used in the examples drawn from a trainee's personal experience.

Please continue on a separate sheet if necessary.

Socialisation	Description of the role of the diversional therapist in promoting a person's wellbeing through socialisation
	Example to support your description

Personal fulfilment	Description of the role of the diversional therapist in promoting a person's wellbeing through personal fulfilment
	Example to support your description
Community integration	Description of the role of the diversional therapist in promoting a person's wellbeing through community integration
	Example to support your description

Enhancing life skills	<p>Description of the role of the diversional therapist in promoting a person's wellbeing by enhancing his/her life skills</p>
	<p>Example to support your description</p>
Meaningful and positive experiences	<p>Description of the role of the diversional therapist in promoting a person's wellbeing through the provision of meaningful and positive experiences</p>
	<p>Example to support description</p>

Maximising  
autonomy

Description of the role of the diversional therapist in promoting a person's wellbeing by maximising his/her autonomy

Example to support description

**2.2a Identify two specialist skills required by the diversional therapist as set out in the New Zealand Society of Diversional Therapists' Standards of Practice, and describe an expected outcome for each skill that you have selected.**

Please continue on a separate sheet if necessary.

Standards of Practice:

1

2

Expected outcomes:

1

2

**2.2.b Identify two specialist skills required by the diversional therapist as set out in the New Zealand Society of Diversional Therapists' Code of Ethics and describe how you apply these requirements in your everyday work.**

Please continue on a separate sheet if necessary.

Code of Ethics:

1

How you apply these requirements in your everyday work:

1

2

2

**2.3 Describe two differences between diversional therapy and occupational therapy in terms of their defining competencies or how they are described in standards of practice.**

Write a paragraph on each of the **two** differences.

Please continue on a separate sheet if necessary.

1

2

## Evidence verification form

I confirm that \_\_\_\_\_  
(the trainee) has correctly identified the organisational policies and procedures and/or other documentation required to be included with this assessment portfolio; and that I have sighted a copy of these policies and procedures and/or other documentation.

Assessor's name	Assessor's number
Signature	Date

# 23918 V1 – Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists

Level 3 Credits 4

## Assessment record sheet

### Trainee information

Name	
Employer	
NZQA/NSI number (ROL)	Date of birth

### Trainee statement of authenticity

I hereby state that the evidence submitted for assessment is my own work.

Signature	Date
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### Trainee performance summary (completed by assessor)

Assessment tasks	No credit	Credit
Task One	<input type="radio"/>	<input type="radio"/>
Reassessment	<input type="radio"/>	<input type="radio"/>
Task Two	<input type="radio"/>	<input type="radio"/>
Reassessment	<input type="radio"/>	<input type="radio"/>

### Comments/feedback to trainee

### Assessment result (completed by assessor)

I have assessed the trainee and confirm:

The requirements have been met to demonstrate competency in 23918 V1.

Further evidence is required to demonstrate competency.

Name	Assessor number
Signed	Date

On completion of the unit standard one copy of this assessment record sheet must be given to the trainee for his/her records and another copy sent to Careerforce so the credit can be registered on the NQF.

# 23918 V1 – Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists

## Feedback form

### Please help us to improve our trainee assessment portfolio.

Careerforce is always keen to review its materials to improve the quality of the learning experience. You can help us by telling us what you think of this assessment portfolio and by offering suggestions on ways it can be improved.

When you have answered the questions, please send this page to:

Quality Assurance Manager  
Careerforce Ltd.  
www.cssito.org.nz  
PO Box 25 255  
Christchurch  
Fax (03) 371 9285

What I liked most about the portfolio and why?

What I liked least about the portfolio and why?

Please give your rating of the following topics by ticking the relevant yes, no, or maybe boxes.

Topics or aspects of the content of this document	Yes	Maybe	No
Assessment record sheet is useful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assessment questions are easy to understand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The assessment portfolio is well laid out and easy to follow.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Additional comments

Contact details (optional)

Name	Organisation
Telephone	E-mail

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144

Quality Assurance Manager  
Careerforce Ltd  
PO Box 25 255  
Christchurch 8144