

Information Sheet

National Certificate in Mental Health Support Work (Level 4) V5



Who can do this qualification?

The National Certificate in Mental Health Support Work (Level 4) V5 is designed to be a minimum qualification for people who wish to enter mental health support work, or who already work as paid or unpaid mental health support workers.

The national certificate acknowledges the skills of those already in the workplaces who are working in a collaborative manner alongside consumers/tangata whaiora and their whanau, family and friends supporting them on their journey to recovery.

How many credits will I have to achieve to gain the Certificate?

The Certificate consists of 17 unit standards totalling 124 credits. **Please note:** students who successfully complete the National Certificate (Level 4) V5 will have unit standards 13424, 13426, 13431, 13432, 21920, 21921, 21924 and 21926 awarded towards the National Diploma.

ID	Title	Level	Credit
13424	Explain the application of Te Tiriti o Waitangi in mental health support work	4	6
13426	Demonstrate self awareness for mental health support work	4	9
13431	Participate in supervision as a mental health support worker	4	9
13432	Participate in a group or team to achieve mental health support work objectives	3	6
21920	Describe support for a mental health consumer/tangata whaiora using alcohol or other drugs	4	6
21921	Provide information and education to families and whānau in mental health support work	4	6
21924	Describe consumer/tangata whaiora rights in mental health support work	4	4
21926	Prepare to establish relationships with whānau in mental health support work	4	9
13429	Describe mental health and illness, and approaches to treatment of mental illness	4	9
13433	Support a consumer/tangata whaiora to implement their recovery plan in mental health support work	4	12
13441	Integrate knowledge, skills, and values learning in mental health support work	4	12
21922	Describe discrimination and social exclusion, and their impact on consumers/tangata whaiora	4	3
21923	Prepare to establish relationships with Pacific people in mental health support work	4	9
21925	Demonstrate relationship skills with consumers/tangata whaiora	4	9
21927	Describe how to respond to incidents and prepare an incident report in mental health support work	4	6
21928	Network in the community and support a mental health consumer/tangata whaiora to access services	4	6
497	Demonstrate knowledge of workplace health and safety requirements	1	3
Total			124

Is the qualification full-time or part-time?

The National Certificate in Mental Health Support Work (Level 4) V5:

- Is delivered as a full-time qualification that takes place over one year.
- During this time the student will be asked to attend class up to a maximum of two days per week.
- Is also delivered on a part-time basis by a small number of accredited tertiary organisations and extramurally through the Open Polytechnic of New Zealand.

What is the cost?

The cost of the National Certificate in Mental Health Support Work (Level 4) V5 varies between accredited tertiary education organisations. Please contact your local education provider for details.

Information Sheet

National Diploma in Mental Health Support Work (Level 6) V1



The National Diploma is based upon a recover approach to mental health support work.

Who can do this qualification?

The National Diploma in Mental Health Support Work (Level 6) V1 is designed for people who have already developed or wish to develop a higher level of competence in mental health support work, than is covered by the National Certificate. These mental health support workers may have more seniority in the workplace, carry a higher level of responsibility, and/or engage in more complex relationships with consumers/tangata whaiora. They may also lead a team of mental health support workers.

The National Diploma acknowledges the skills of those already in the workplace who work safely with consumers/tangata whaiora. People who wish to obtain this qualification must demonstrate competence through theoretical learning and practical experience.

How many credits will I have to achieve to gain the Diploma?

The diploma consists of a 20 unit standards totalling 187 credits. **Please note:** some unit standards in the National Certificate in Mental Health Support Work (Level 4) V5 are included in the Diploma because they are essential competencies for mental health support workers or alternatively they have been recommended for entry to other standards in the National Diploma qualification.

ID	Title	Level	Credit
13424	Explain the application of Te Tiriti o Waitangi in mental health support work	4	6
13426	Demonstrate self awareness for mental health support work	4	9
13431	Participate in supervision as a mental health support worker	4	9
13432	Participate in a group or team to achieve mental health support work objectives	3	6
21920	Describe support for a mental health consumer/tangata whaiora using alcohol or other drugs	4	6
21921	Provide information and education to families and whānau in mental health support work	4	6
21924	Describe consumer/tangata whaiora rights in mental health support work	4	4
21926	Prepare to establish relationships with whānau in mental health support work	4	9
18547	Support a mental health consumer/tangata whaiora in their management of alcohol and/or other drugs	6	12
19750	Provide support to families/whānau in mental health support work	6	15
20043	Support mental health consumers/tangata whaiora to access employment support services	6	12
22833	Support a consumer/tangata whaiora to achieve a recovery goal in mental health support work	6	15
22834	Analyse discrimination and implement an individual advocacy strategy in mental health support work	6	9
22835	Implement a strategy to respond to discrimination against consumers/tangata whaiora	6	15
22836	Analyse the application of ethical values for mental health support work	6	6
22837	Demonstrate an integrated practice theory for mental health support work	6	15
22838	Analyse legal structures and laws for mental health support work	5	6
22839	Analyse leadership and lead a group or team to achieve mental health support work objectives	5	6
22840	Critique and interpret a research project relevant to a mental health service user group	5	9
22841	Explain and apply knowledge of human development and health issues in mental health support work	6	12
Total			187

Students who have successfully completed the National Certificate in Mental Health Support Work (Level 4) V5 already will have been awarded the 55 credits (highlighted above) towards the Diploma and will therefore only have to complete the remaining unit standards listed to gain the Diploma. Please note that if you have completed an earlier version of the National Certificate in Mental Health Support Work you may only have 30 credits towards the Diploma.

Information Sheet

National Diploma in Mental Health Support Work (Level 6) V1

National Diploma in Mental Health Support Work (Level 6) V1 continued

What is the cost?

The cost of the National Diploma in Mental Health Support Work (Level 6) V1 varies between Accredited Tertiary Education Organisations. Please contact your local education provider for details.

Who are the Tertiary Education Organisations accredited to deliver the National Certificate and/or the National Diploma in Mental Health Support Work?

Please contact your local education providers for details about their delivery of these qualifications:

Aoraki Polytechnic (TIMARU)
Bay of Plenty Polytechnic (approval pending)
Blueprint Centre for learning (WELLINGTON and AUCKLAND)
Christchurch Polytechnic Institute of Technology (CHRISTCHURCH)
Eastern Institute of Technology (HAWKES BAY)
Mahitahi Trust (AUCKLAND and WHAKATANE)
Manukau Institute of Technology (AUCKLAND)
Nelson Marlborough Institute of Technology (Nelson)
Nector (AUCKLAND, ROTORUA and TAURANGA)
Otago Polytechnic (DUNEDIN)
Southern Institute of technology (CHRISTCHURCH and INVERCARGILL)
Te Wananga o Aotearoa (TE AWAMUTU)
The Open Polytechnic of New Zealand (DISTANCE/EXTRAMURAL LEARNING)
Unitec New Zealand (MOUNT ALBERT)
Universal College of Learning (UCOL) (PALMERSTON NORTH)
Waiariki Institute of Technology (ROTORUA)
Waikato Institute of Technology (HAMILTON)
Whitireia Community Polytechnic (PORIRUA)

For further information please contact:

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