Title | Identify and explain own culture, life experience and lived experience, personal attributes and values in peer work
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Level | 4
Credits | 4

### Purpose
This unit standard is designed for people working in peer work roles. People credited with this unit standard are able to identify and explain: essential features of own culture, life experience and lived experience; and own personal attributes and values in relation to peer work.

### Classification
Community and Social Services > Social Services > Peer Support Work

### Available grade
Achieved

### Guidance Information

1. Legislation relevant to this unit standard may include but is not limited to:
   - Human Rights Act 1993
   - Mental Health Act
   - Misuse of Drugs Act 1975
   - Privacy Act 1993
   - Substance Addiction Compulsory Assessment and Treatment Act 2017

2. References and resources


• World Health Organization – *Social Determinants of Health* – available at [https://www.who.int/social_determinants/sdh_definition/en/](https://www.who.int/social_determinants/sdh_definition/en/).

3 Support provided must be culturally appropriate.

4 Definitions

  • *Culture* refers more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.

  • *Ethnic cultural beliefs and values* are the beliefs and values that stem from one’s own ethnic background.

  • *Gender identity* is about a person’s sense of gender as self-identified. It may not be the same as the sex assigned at birth.
Outcomes and performance criteria

Outcome 1

Identify and explain essential features of own culture, life experience and lived experience.

Performance criteria

1.1 Essential features of own culture are identified and explained.

Range: essential features may include but are not limited to – age; class; gender identity; family and whānau, pepeha/whakapapa, ethnic cultural beliefs and values; historical origins; migration and settlement patterns; migration to and within Aotearoa New Zealand; economic, political, and socio-cultural structures, including ideological, and spirituality; evidence is required of a minimum of five essential features, which must include ethnic cultural beliefs and values, and family and whānau.

1.2 Essential features of own life experience and lived experience are identified and explained.

Range: essential features may include but are not limited to – family or whānau origins, history, and structure; mental distress and/or addiction; trauma; disability; community and recreational involvement; influence of economic, political, and socio-cultural structures, including ideological, and spirituality; education and training; paid and unpaid work experience; evidence is required of a minimum of five essential features which must include own lived experience required for own peer work role.

1.3 The purpose of sharing own culture and life experience is evaluated in terms of the potential impact on peer engagement.

Range: evidence is required of three potential impacts which must include bias, and may include but not limited to - beliefs, relationships, values, worldview.
Outcome 2

Identify and explain own personal attributes and values in relation to peer work.

Performance criteria

2.1 Essential features of own personal attributes are identified and explained.

Range: personal attributes of peer workers may include but are not limited to – communication, skills, honesty, integrity, technical competency, work ethic, flexibility, determination and persistence, ability to work collegially, ability to relate to difference; acknowledgement and respect for difference; acceptance; awareness of own culture; genuineness; honesty; humility; patience; self-awareness; empathy; warmth; must include minimum of five personal attributes.

2.2 Own personal attributes are compared with personal attributes required of peer workers.

Range: evidence is required of four of the peer worker's personal attributes and comparison with the personal attributes required of peer workers selected for performance criterion 2.1.

| Planned review date | 31 December 2024 |

Status information and last date for assessment for superseded versions

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Consent and Moderation Requirements (CMR) reference 24


Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.