Title | Explain mutuality and authenticity, self-determination, and equity, and their application in peer work
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Level | 4 Credits | 8

**Purpose**
This unit standard is designed for people working in peer work roles.

People credited with this unit standard are able to: explain the characteristics of mutuality and authenticity, and their application in terms of the peer worker's relationship with a person accessing support from a peer worker; explain the importance of self-determination in a peer relationship and own role in supporting the person accessing support in their self-determination; and explain the concept of equity in the peer relationship and own role in applying equity within the peer relationship.

**Classification**
Community and Social Services > Social Services > Peer Support Work

**Available grade**
Achieved

**Guidance Information**

1 **Legislation relevant to this unit standard may include but is not limited to:**
   - Human Rights Act 1993
   - Mental Health Act
   - Privacy Act 1993
   - Substance Addiction Compulsory Assessment and Treatment Act

2 **References and resources**


3 Is demonstrated, as used in performance criterion 2.1, may include observation and/or recording.
Outcomes and performance criteria

Outcome 1

Explain the characteristics of mutuality and authenticity, and their application in terms of the peer worker's relationship with a person accessing support.

Performance criteria

1.1 Common characteristics of mutuality and authenticity, in the context of peer work, are explained in accordance with a recognised reference.

1.2 The application of mutuality and authenticity in the relationship is explained in accordance with organisational policies and procedures.

Range within the parameters of the service, the role, and the relationship.

Outcome 2

Explain the importance of self-determination in a peer relationship and own role in supporting the person accessing peer support in their self-determination.

Performance criteria

2.1 Self-determination is explained in the context of the peer support role.

2.2 An example of how supporting a person’s self-determination has been applied in own practice is explained.

Range two persons accessing support; one must be from a time when own values were challenged.

Outcome 3

Explain the concept of equity in the peer relationship and own role in applying equity within the peer relationship.

Performance criteria

3.1 Equity is explained in the context of the peer support role and the role of the person accessing support.

Range must include but not limited to a minimum of 3 Rights from The Code of Rights.

3.2 An example of how equity has been applied in own practice is explained.

Range two persons accessing support.

3.3 The difference between how the concepts of equity and equality would apply in a peer relationship is explained.
Planned review date 31 December 2024

Status information and last date for assessment for superseded versions

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Consent and Moderation Requirements (CMR) reference 24

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.