<table>
<thead>
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<th>Title</th>
<th>Describe the evolution of peer work and the peer work role, and analyse peer work practices in Aotearoa New Zealand</th>
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<td>Level</td>
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<td>Credits</td>
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| Purpose          | This unit standard is designed for people working in peer work roles. People credited with this unit standard are able to: describe the evolution of peer work; describe the role of a peer worker and the contexts in which the role is utilised in Aotearoa New Zealand today; identify and explain the peer values that underpin own role and roles of other peer workers in own organisation; and analyse and compare peer work approaches in Aotearoa New Zealand that are consistent with peer values. |

| Classification    | Community and Social Services > Social Services > Peer Support Work                                      |

| Available grade   | Achieved                                                                                                  |

**Guidance Information**

1. Legislation relevant to this unit standard may include but is not limited to:
   - Human Rights Act 1993;
   - Privacy Act 1993;

2. References and resources


• World Health Organization – *Social Determinants of Health* – available at [https://www.who.int/social_determinants/sdh_definition/en/](https://www.who.int/social_determinants/sdh_definition/en/).

3 Definition

• In the context of this unit standard a role that is *Mana Enhancing* includes but is not limited to any of the following: resulting in a person acknowledging, understanding and respecting who they are, where they came from and their connection to others; resulting in an increase in respect for a person by others, resulting in an increase in a person’s self-respect, resulting in an improvement in a person’s self-image.

### Outcomes and performance criteria

**Outcome 1**

Describe the evolution of peer work.

**Performance criteria**

1.1 Peer work is described in terms of its evolution from initial philosophy to the philosophy of own organisation.

1.2 The description identifies specific influences on the roles and functions of own organisation.
1.3 Roles of different types of peer workers are described in terms of their similarities and differences.

Range: must include two forms of peer work.

Outcome 2

Describe the role of a peer worker and the contexts in which the role is utilised in Aotearoa New Zealand today.

Performance criteria

2.1 The role of the peer worker is compared with the different roles and responsibilities of other workers within the sector.

2.2 The role of the peer worker is described in terms of a mana enhancing approach.

2.3 The peer relationship is described in terms of the differences between a peer relationship and a conventional (non-peer) support relationship.

Range description must include but not limited to: negotiated goals, self-disclosure, lived experience, mutuality in the relationship, authenticity.

2.4 The peer relationship is described in terms of negotiating limits.

Outcome 3

Identify and explain the peer values that underpin own role and roles of other peer workers in own organisation.

Performance criteria

3.1 Peer values within the peer support role that underpin relationships with people accessing support from a peer worker are identified and explained in terms of own organisation’s structure, policies and procedures.

Range must include three values and how they are applied within own organisation’s structure.
Outcome 4

Analyse and compare peer work approaches in Aoteroa New Zealand that are consistent with peer values.

Performance criteria

4.1 Approaches that are consistent with peer values and principles of peer work are compared in terms of their key features.

Range may include but not limited to – 12 steps, cancer support, heart support, Alcoholics Anonymous, Wellness Recovery Action Plan (WRAP), Intentional Peer Support, Hearing Voices Networks, Grow, Recovery Innovations, and PeerZone; must include three, at least one of which must be mental health focussed, and at least one addiction focussed.

Planned review date 31 December 2024

Status information and last date for assessment for superseded versions

<table>
<thead>
<tr>
<th>Process</th>
<th>Version</th>
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<td>Registration</td>
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Consent and Moderation Requirements (CMR) reference 24

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.