

Title	Support a person with a chronic condition in a health or wellbeing setting.		
Level	4	Credits	4

Purpose	<p>People credited with this unit standard are able to:</p> <ul style="list-style-type: none"> describe the impacts of a chronic condition on a person’s health and functional status; describe, apply and document strategies to support a person with a chronic condition.
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Classification	Health, Disability, and Aged Support > Core Health
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Available grade	Achieved
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Guidance information

1 Assessment conditions:
Evidence for the practical components of this unit standard must be generated in a health or wellbeing setting.

Evidence generated for this standard requires assessment of two persons with different chronic conditions.

People awarded credit for this unit standard must work under the guidance and delegation of a health professional in accordance with own role and responsibilities, and organisational policies and procedures.

2 Range:
Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- documented organisational policies, procedures, and methodologies;
- applicable health and safety plans, contract work programmes, and quality assurance programmes.

Evidence generated for assessment against this standard must reflect the values, processes, and protocols required to work with Māori, Pasifika, and people from diverse cultures.

Evidence generated for assessment against this standard must reflect the legislative and regulatory requirements specified in:

- Health and Disability Commissioner (Code of Health and Disability Services Consumers’ Rights) Regulations 1996 (the Code of Rights);
- Health and Disability Services (Safety) Act 2001;
- Health Practitioners Competence Assurance Act 2003;
- Health and Safety at Work Act 2015;

- Human Rights Act 1993;
- Medicines Act 1981;
- Privacy Act 1993.

Evidence generated for assessment against this standard must reflect the best practice guidelines and principles specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8158:2012 *Home and Community Support Sector Standard*.

NZ standards can be retrieved from <http://www.standards.co.nz/>.

3 Definitions:

Chronic conditions may include but are not limited to – asthma, congestive heart failure, depression, diabetes, epilepsy, hypertension, multiple sclerosis, respiratory disease, Parkinson’s disease.

Health or wellbeing setting includes but is not limited to the aged care, acute care, community support, disability, mental health, social services, whānau ora providers, and youth development sectors.

Health professional refers to a person who is registered with an authority (which is appointed by or under the Health Practitioners Competence Assurance Act 2003) as a practitioner of a particular health profession to deliver health services in accordance with a defined scope of practice.

Organisational policies and procedures are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

Person is a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, or service user.

Personal plan is an individual or group plan developed for people receiving support. It may include their family and whānau.

Support should aim to maintain, improve, or restore a person’s independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person’s health and wellbeing needs to be met.

Outcomes and performance criteria

Outcome 1

Describe the impacts of a chronic condition on a person’s health and functional status.

Performance criterion

1.1 Impacts on the person are described.

Range impacts may include but are not limited to – physical, emotional/psychological, social, cognitive, environmental, cultural; evidence is required of four impacts for each person.

Outcome 2

Describe, apply and document strategies to support a person with a chronic condition.

Performance criteria

2.1 Strategies to support the person are described in accordance with their personal plan.

Range three strategies for each person.

2.2 Strategies to support the person are applied in accordance with their personal plan and under the direction of a delegating health professional.

Range three strategies for each person.

2.3 Documenting and reporting the person’s health and functional status is in accordance with personal plan requirements and organisational policies and procedures.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	MM 2021	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.