

Title	<u>Describe-Demonstrate knowledge of</u> incontinence and interventions to assist a person in a health or wellbeing setting		
Level	3	Credits	5

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able, <u>in a health or wellbeing setting</u>, to</p> <ul style="list-style-type: none"> • <u>describe/identify characteristics of:</u> incontinence and how it affects the person being supported; and • <u>demonstrate knowledge of</u> interventions, products and practices to assist people living with incontinence, in a health or wellbeing setting.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

1 Assessment conditions
Evidence for the practical/theory components of this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes
Evidence generated for assessment against this standard must be in accordance with organisational policies and procedures.

~~Legislation and codes relevant to this unit standard include but are not limited to:~~
~~Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);~~
~~Health and Disability Services (Safety) Act 2001;~~
~~Health and Safety at Work Act 2015;~~
~~Human Rights Act 1993;~~
~~Privacy Act 1993.~~
~~The above legislation is available at <http://www.legislation.govt.nz/>.~~

~~2—New Zealand Standards relevant to this unit standard include but are not limited to:~~
~~NZS 8134.0:2008 Health and disability services Standards—Health and disability services (general) Standard;~~
~~NZS 8134.1:2008 Health and disability services Standards—Health and disability services (core) Standards;~~
~~NZS 8134.3:2008 Health and disability services Standards—Health and disability services (infection prevention and control) Standards;~~

~~NZS 8158:2012 Home and community support sector Standard; available at <http://www.standards.co.nz/>; or any subsequent updates.~~

3 In the context of this unit standard, *support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

4 Definitions

Health or wellbeing setting includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūrora, or tangata whai ora.

5 References

~~Continence NZ. (n.d.). *Caring for someone with incontinence*. Available at <http://www.continence.org.nz/content/Continence-Information-Adults/18/>.~~

~~Continence NZ. (n.d.). *Older People and continence*. Available at <http://www.continence.org.nz/content/Continence-Information-Adults/18/>.~~

6 — Resources

Australian Government Department of Health Bladder and Bowel website:

<http://www.bladderbowel.gov.au/>.

Continence Foundation of Australia website:

<https://www.continence.org.au/pages/resources.html>.

Deakin University, funded under the National Continence Management Strategy. (2009). *Continence Tools for Residential Aged Care: An Education Guide*. Burwood, Vic., Australia. This resource is described at <http://www.bladderbowel.gov.au/>, and the tools are available at <http://www.continence.org.nz/content/Continence-Information-Adults/18/>.

~~Continence NZ. (n.d.). *Caring for someone with incontinence*. Available at <http://www.continence.org.nz/content/Continence-Information-Adults/18/>.~~

~~Continence NZ. (n.d.). *Older People and continence*. Available at <http://www.continence.org.nz/content/Continence-Information-Adults/18/>.~~

Outcomes and performance criteria

Outcome 1

~~Describe~~ Identify characteristics of incontinence and how it affects the person being supported in a health or wellbeing setting.

Performance criteria

1.1 The causes of common types of urinary incontinence are identified described in terms of the primary references.

Range two types;
 common types of urinary incontinence may include but are not limited to – stress incontinence, over-active bladder syndrome, mixed urinary incontinence, functional incontinence;
~~evidence is required of a minimum of two types.~~

1.2 The causes of common types of faecal incontinence are identified described in terms of the primary references.

Range two types;
 common types of faecal incontinence may include but are not limited to – constipation, diarrhoea, impaction;
~~evidence is required of a minimum of two types.~~

1.3 Observable indicators of incontinence are identified described in terms of the primary references.

Range two indicators;
 indicators may include but are not limited to – skin condition, bladder voiding pattern and control, bowel movements, food and fluid intake, signs of urinary tract infection.;

~~evidence is required of two indicators.~~

1.4 Factors that may affect a person's ability to remain continent are identified described in terms of the primary references.

Range two factors;
 factors may include but are not limited to – age, impaired mental function, impaired mobility, overweight, infection, medications, neurological disorders, medical conditions and diseases;
~~evidence is required of two factors.~~

Outcome 2

Describe Demonstrate knowledge of interventions, products, and practices to assist people living with incontinence in a health or wellbeing setting.

Performance criteria

2.1 Interventions for the treatment and/or management of incontinence are described in terms of matched identified in terms of the the type of incontinence experienced.

Range six interventions;
 interventions may include but are not limited to – individualised toileting programme; use of toileting aids; providing sufficient time for people to complete toileting requirements; environmental changes; modification of clothing; access to resources on incontinence for the person and the person's family/whānau; modification of food and fluid intake; bladder retraining; pelvic floor

muscle exercises; use of incontinence medications; treatment of underlying conditions;

~~evidence is required of six interventions.~~

2.2 Processes for correct use, removal and disposal of incontinence products are described~~Containment of incontinence is described in terms of the correct use, care, removal, and disposal of continence products.~~

Range two products;
products may include but are not limited to – absorbent pads, uridomes, urinary catheters and associated drainage systems, products for bed and chair protection, ostomy products;
~~evidence is required of two products.~~

2.3 Infection control practices that assist a person living with incontinence are described ~~in terms of organisational policies and procedures.~~

Replacement information	This unit standard replaced unit standard 27140.
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Planned review date	31 December 202 6 4
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	19 March 2015	31 December 2023 N/A
Rollover and Revision	2	24 October 2019	31 December 2023 N/A
<u>Review</u>	<u>3</u>	<u>Xx Month 2021</u>	<u>N/A</u>

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.