
CREDITS:
6

AVERAGE
DURATION:
1 month

COST:
REFER TO WEBSITE

IDEAL FOR:

**Mental Health and
Addiction Support
Worker roles**



CAREERFORCE MICRO-CREDENTIAL

De-Escalation Skills and Techniques for the Health and Wellbeing Sector (Level 4)

Careerforce Micro-credentials

Micro-credentials are short, NZQA recognised training programmes that have fewer credits than a qualification (between 5 and 40) and either lead into a qualification, or focus on specialised skills and knowledge that top up a full qualification certificate or apprenticeship programme. They can also be coherent standalone programmes of specialised skills or professional development.

Careerforce micro-credentials are designed to certify/credentialise the achievement of a coherent set of skills and knowledge; and is specified by a statement of purpose and learning outcomes.

Micro-credential Overview

This micro-credential is designed to provide de-escalation skills and techniques for people working in mental health and addiction support settings.

Graduates will be able to:

- communicate effectively in situations that require de-escalation.
- identify and explain the triggers that can lead to the occurrence of aggressive behaviour.
- correctly and confidently apply de-escalation techniques.

Prerequisites

Learners need to be working in a relevant sector. Learners are also required to have reasonable computer literacy as micro credential assessments are only offered online (via Aka Toi).

Learning and Assessment Resources

Learning and assessments will be completed via Careerforce's online learning platform, Aka Toi or face-to-face training via the Te Pou o te Whakaaro training programme.

Supporting you

Careerforce is a division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing, social and community, cleaning and urban pest management sectors.

Get in touch with your regional Workplace Advisor:

Across New Zealand, we have Careerforce Workplace Advisors ready to help. Tap into their expertise to find a suitable qualification for your staff at different levels.

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