

CREDITS:
70

AVERAGE
DURATION:
12 months

COST:
REFER TO WEBSITE

IDEAL FOR:

- **Disability Support Workers** (experienced support workers or those new to their roles)
- **Caregivers**

WORK

ENVIRONMENTS:

- **Multiple sectors where disability is prevalent**
- **Home, community or residential settings**

WHAT'S NEXT?

Graduates of this programme may progress their skills and competencies by training towards relevant Health and Wellbeing apprenticeships (Level 4), or towards leadership and management.



New Zealand Certificate in Health and Wellbeing (Level 3)

Support Work - Disability

Qualification and programme overview

This programme has been designed in consultation with people with lived experience, and a Careerforce Disability Advisory Group* brought together for this purpose, to ensure that the disability sector was respected, represented and visible. The programme aims to develop the skills and knowledge required of disability support workers in roles that provide person-centred support in the disability sector.

This Level 3 programme leads to the awarding of the following qualification:

New Zealand Certificate in Health and Wellbeing (Level 3) (Support Work strand).

This programme aims to develop the skills and knowledge of graduates to support and empower people in home and community settings. The Certificate in Health & Wellbeing (Support Work - Disability) Level 3 is a more contextualised programme than the regular Support Work programme, giving the sector increased assurance that graduates have knowledge and skills that apply to the disability sector. The certificate awarded to graduates will feature the description "Support Work - Disability".

The programme includes developing and/or recognising the following competencies:

1. Applying knowledge of relevant legislation, regulations and codes in a health and wellbeing setting to provide health and wellbeing services in an ethical and professional manner.
2. Recognising and responding to signs of vulnerability and abuse.
3. Communicating effectively in a culturally appropriate manner to support a person's health or wellbeing.
4. Providing person-centred culturally appropriate health and wellbeing support to maximise a person's independence.
5. Recognising and responding to signs of functional, behavioural, environmental or other health or wellbeing change in a person.

* Disability Advisory Group: www.careerforce.org.nz/DAG

Graduates will benefit by gaining specific skills and knowledge that are valued and required to perform a role within the disability sector.

Graduates will be capable of working under limited supervision within the boundaries of their role and the personal plans of those they are supporting.

The community will benefit from the high-quality health and wellbeing services provided by staff who are trained to support people with disabilities, tāngata whaikaha, whānau and family and the wider community.

Learning and assessment resources

Online learning and assessments are completed through Aka Toi, the Careerforce online learning platform, which enables the use of multimedia and interactive learning activities as well as theory content and assessment. Trainees now have the option to download the learning resources from Aka Toi, to allow them either to be read while offline or to be printed. Assessments are not downloadable from Aka Toi.

- Assessments have been simplified for ease of understanding.
- Everyday language has been used in all resources.
- Scenarios demonstrate application of knowledge or skills in a disability setting and promote self-reflection.
- Enhanced online learner experience, whether using tablet, computer or phone.
- Imagery and language used that respectfully represents the sector.
- QR codes, available in the downloadable learning resources, enable further information sources to be accessed simply by using a QR code scanner on a trainee's phone.

Supporting you

Careerforce is a division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing, social and community, cleaning and urban pest management sectors.

Get in touch with your regional Workplace Advisor:

Across New Zealand, we have Careerforce Workplace Advisors ready to help. Tap into their expertise to find a suitable qualification for your staff at different levels. We'll work together to develop your team.

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