



NZ Apprenticeship in Diversional Therapy

**New Zealand Certificate in
Health and Wellbeing (Level 4)
(Social and Community Services)
Diversional Therapy strand**

134 credits

Expected duration 22 months

Ideal for:

- Diversional Therapists
- Recreational Therapists
- Motivation Therapists
- Activity Coordinators
- Occupational Therapy Aides

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Programme overview

This apprenticeship programme leads to the awarding of the New Zealand Certificate in Health and Wellbeing (Level 4) (Social and Community Services) Diversional Therapy strand qualification. It is well-supported and resourced with a team of Apprenticeship Advisors providing pastoral care and support.

The Diversional Therapy apprenticeship programme is designed to develop the skills of new and experienced Diversional and Recreational Therapists and those in related roles. This programme enables apprentices to enhance the spiritual, emotional, and physical wellbeing of the people they work alongside, and family and whānau.

Upon completion, Diversional Therapists will meet the qualification and competency requirement to become registered with the New Zealand Society of Diversional and Recreational Therapists.

How the learning is delivered and assessed

This apprenticeship programme is delivered in the workplace, with the support of the employer and Careerforce.

Learning and assessments are done through Aka Toi, the Careerforce online learning platform. Access to interactive learning activities, theory content and assessments is available for this programme.

Workplace and apprentice requirements

Workplace: The employer is responsible for coordinating the apprentice's on-job training activities and support in the workplace. They are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their apprenticeship journey.

Apprentice: Apprentices are encouraged to be organised, engaged and committed to their apprenticeship. They also need to complete 10 credits within the first three months and at least one module every six months.

Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at careerforce.org.nz/fees-funding

Learning outcomes:

- Developing client-centred meaningful programmes to improve wellbeing.
- Creating quality care plans for a variety of individuals and groups.
- Understanding and defining the role of diversional therapy practice.
- Engaging and communicating with people, family and/or whānau who are accessing social and community services in a manner which respects their socio-cultural identity, experiences, and self-knowledge.
- Developing relationships and supporting the achievement of intended outcomes.
- Demonstrating knowledge of Te Tiriti o Waitangi when providing support in their role.
- Demonstrating a knowledge of kawa and tikanga and the ability to relate the unique place Māori have as tangata whenua of Aotearoa in their role.
- Understanding New Zealand's health and wellbeing aims and purpose and the impact on their role.
- Displaying self-awareness, reflective practice, self-care, and personal leadership in the workplace.
- Actively contributing to a culture of professionalism, safety, and quality in your workplace.
- Gaining in-depth knowledge of a condition or impairment, situation or issue and applying the new knowledge to support clients.

How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at careerforce.org.nz/cwa

Scan the QR code to find out more: See the fees, entry criteria and other information about this programme on our website.



0800 277 486

info@careerforce.org.nz
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Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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