



# NZ Apprenticeship in Peer Support

**New Zealand Certificate in  
Health and Wellbeing (Peer Support)  
(Level 4)**

**128 credits**

**Expected duration 21 months**

**Ideal for:**

- Peer Support Workers
- Navigators
- Peer Support Work

[careerforce.org.nz](https://careerforce.org.nz)



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## Programme overview

**This apprenticeship programme leads to the awarding of the New Zealand Certificate in Health and Wellbeing (Peer Support) (Level 4) qualification. It is well-supported and resourced with a team of Apprenticeship Advisors providing pastoral care and support.**

The Peer Support apprenticeship programme provides specific skills and knowledge for the peer support workforce. The underpinning philosophy of this programme is to build a person-centred, critical thinking workforce.

This programme is aimed at the broader peer support workforce inclusive of all sectors such as mental health, addiction, disability, or significant health conditions where peer roles may be identified.

## How the learning is delivered and assessed

This apprenticeship programme is delivered in the workplace, with the support of the employer and Careerforce.

Learning and assessments are done through Aka Toi, the Careerforce online learning platform. Access to interactive learning activities, theory content and assessments is available for this programme.

## Workplace and apprentice requirements

**Workplace:** The employer is responsible for coordinating the apprentice's on-job training activities and support in the workplace. They are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their apprenticeship journey.

**Apprentice:** Apprentices are encouraged to be organised, engaged and committed to their apprenticeship. They also need to complete 10 credits within the first three months and at least one module every six months.

## Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at [careerforce.org.nz/fees-funding](https://careerforce.org.nz/fees-funding)

## Learning outcomes:

- Supporting people, family and whānau with their goals.
- Understanding of the evolution of peer work and the peer work role, and peer work practices in Aotearoa.
- Demonstrating knowledge of Te Tiriti o Waitangi when providing support in their role.
- Demonstrating a knowledge of kawa and tikanga and the ability to relate the unique place Māori have as tangata whenua of Aotearoa in their role.
- Displaying self-awareness, reflective practice, self-care, and personal leadership in the workplace.
- Actively contributing to a culture of professionalism, safety, and quality in the workplace.
- Establishing a purposeful relationship with a person accessing support from a peer worker.

Apprentices who have gained lived experiences will be able to work alongside a person with similar significant health concerns to facilitate learning and support those experiencing challenges and disempowerment to increase their autonomy, wellbeing, change and self-determination.

## How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at [careerforce.org.nz/cwa](https://careerforce.org.nz/cwa)

Scan the QR code to find out more: See the fees, entry criteria and other information about this programme on our website.



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Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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