



# NZ Certificate in Health and Wellbeing (Level 3)

## Support Work - Disability

70 credits

Expected duration 12 months

### Ideal for:

- Disability support workers (experienced support workers or those new to their roles)
- Caregivers

**Work-based** learning  
supported by **online**  
learning resources  
and assessments

[careerforce.org.nz](https://careerforce.org.nz)



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## Programme overview

**This programme leads to the New Zealand Certificate in Health and Wellbeing (Level 3) Support Work - Disability qualification.**

The programme has been designed in consultation with people with lived experience, and a Careerforce Disability Advisory Group\* brought together for this purpose, to ensure that the disability sector was respected, represented and visible.

The programme aims to develop the skills and knowledge required of disability support workers in roles that provide support and empower people in home and community settings.

The Certificate in Health & Wellbeing (Level 3) Support Work – Disability, is a more contextualised programme than the regular Support Work programme, giving the sector increased assurance that graduates have knowledge and skills that apply to the disability sector.

## How the learning is delivered and assessed

This programme is delivered in the workplace, with the support of the employer and Careerforce.

Online learning and assessment can be completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment.

Learners have the option to download the learning resources from Aka Toi, to allow them either to be read while offline or to be printed.

- Assessments have been simplified for ease of understanding.
- Everyday language has been used in all resources.
- Scenarios demonstrate application of knowledge or skills in a disability setting and promote self-reflection.
- Enhanced online learner experience, whether using tablet, computer or phone.
- Imagery and language used that respectfully represents the sector.
- QR codes, available in the downloadable learning resources, enable further information sources to be accessed simply by using a QR code scanner on a learner's phone.

## Learner support

Learners who enrol in a Careerforce programme receive a series of supports to help keep them proactive, engaged and successful in their learning.



**Scan the QR code to find out more:**  
See the fees, entry criteria and other information about this programme on our website.

## Workplace and learner requirements

**Workplace:** The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

**Learner:** Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themselves, their assessor and their employer. Learners are required to achieve at least 10 credits per calendar year.

## Learning outcomes:

- Applying knowledge of relevant legislation, regulations and codes in a health and wellbeing setting to provide health and wellbeing services in an ethical and professional manner.
- Recognising and responding to signs of vulnerability and abuse.
- Communicating effectively in a culturally appropriate manner to support a person's health or wellbeing.
- Providing person-centred culturally appropriate health and wellbeing support to maximise a person's independence.
- Recognising and responding to signs of functional, behavioural, environmental or other health or wellbeing change in a person.

## Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at

[careerforce.org.nz/fees-funding](https://careerforce.org.nz/fees-funding)

## Literacy and numeracy support

Difficulties with learning can be a barrier to success. The Tertiary Education Commission (TEC) requires that workplace training includes identifying learners who may need extra support on their learning journey. Learners may be required to complete a literacy and numeracy assessment as part of this programme.

## How to get started

Workplaces can enrol learners at any time but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at [careerforce.org.nz/cwa](https://careerforce.org.nz/cwa)

**\*\* Disability Advisory Group:** [www.careerforce.org.nz/DAG](https://www.careerforce.org.nz/DAG)

**0800 277 486**  
**info@careerforce.org.nz**  
**careerforce.org.nz**



Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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