# NZ Certificate in Health and Wellbeing (Level 2)

### 40 credits Expected duration 7 months

### Ideal for:

- Support Care Workers
- Home Aides
- Hospital Orderlies
- Home Care Support Workers
- Health Care Assistants
- Health Assistants

Work-based learning supported by online or paper-based learning resources and assessments







### **Programme overview**

#### This programme leads to the New Zealand Certificate in Health and Wellbeing (Level 2) qualification.

This is an ideal induction programme to develop entrylevel skills and knowledge required to provide personcentred support in the health and wellbeing sectors (including: health, home and community, aged support and disability support).

## How the learning is delivered and assessed

This programme is delivered in the workplace, with the support of the employer and Careerforce.

Online learning and assessment can be completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment.

Paper-based learning and assessment is also available. Employers should contact the Workplace Advisor to find out more about these options.

### Workplace and learner requirements

**Workplace:** The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

**Learner:** Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themself, their assessor and their employer. Learners are required to achieve at least 10 credits per calendar year.

### Learner support

Learners who enrol in a Careerforce programme receive a series of supports to help keep them proactive, engaged and successful in their learning.

### Learning outcomes:

- Performing entry-level, person-centred tasks and functions in a health or wellbeing setting.
- Describing the role of a support worker and a person's rights.
- Recognising and reporting risks and/or changes in a person's health and wellbeing.
- Maintaining a safe and secure environment for people.
- Interacting with others to support a person's health or wellbeing.
- Identifying the impact of culture on support in a health and wellbeing setting.

### Literacy and numeracy support

Difficulties with learning can be a barrier to success. The Tertiary Education Commission (TEC) requires that workplace training includes identifying learners who may need extra support on their learning journey. Learners may be required to complete a literacy and numeracy assessment as part of this programme.

### Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at **careerforce.org.nz/fees-funding** 

#### How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at careerforce.org.nz/cwa

Scan the QR code to find out more: See the fees, entry criteria and other information about this programme on our website.



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