



NZ Diploma in Health and Wellbeing (Level 5)

Applied Practice

120 credits

Expected duration 20 months

Ideal for:

Roles supporting people with complex needs such as:

- Consumer advocacy roles
- Victim support roles
- Navigation roles
- Violence intervention roles
- Play specialist roles
- Advanced youth worker roles

Work-based learning
supported by **online** learning
resources and assessments

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Careerforce
te toi pūkenga



Te Pūkenga

Programme overview

This programme leads to the New Zealand Diploma in Health and Wellbeing (Level 5) qualification.

This is an Applied Diploma which means you need to do 200 hours of practical work. The Diploma is designed to qualify people who work closely and collaboratively to support people and whānau with complex needs.

The programme is centred on developing the competencies needed to support your client's complex needs. The learning is transferred into work practices.

Learning outcomes:

- Being client-focused, working independently and being able to critically evaluate own practice leading to continuous improvement.
- Working alongside tangata whenua.
- Working with people from diverse cultures and backgrounds.
- Gaining specific skills, knowledge, attributes and statutory responsibilities required for the role.
- Understanding relevant developments in New Zealand.

How the learning is delivered and assessed

Online learning and assessment is completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment. Each module is supported with a 1:1 coaching session with your assessor, aimed at unpacking the requirements of the module.

Workplace and learner requirements

Workplace: The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

Learner: Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themselves, their assessor and their employer. Learners are required to achieve at least 10 credits per calendar year.

Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at careerforce.org.nz/fees-funding



Scan the QR code to find out more:
See the fees, entry criteria and other information about this programme on our website.

Programme Structure:

Module 1: Critical thinking to improve practice

Support workers will benefit from developing skills in problem-solving and independent decision-making in complex situations. The assessment asks for three situations where you have reflected on and adapted your practice to meet different situations.

Module 2: Meeting needs: Joining up knowledge, skills and theory

This module is about understanding the clients' needs. For example, the provider will be contracted to deliver a service to clients – this is the identified need. The module identifies what competencies the support worker needs to support the client and why they are important. An opportunity is then taken to identify the evidence that already exists of the support worker's good practice and where there may be gaps in knowledge, skills and attributes.

Module 3: Supporting cultural diversity

This module involves developing the skills and strategies to work with people from diverse cultures and backgrounds, and being confident to apply these in any situation. Ensuring that clients and whānau feel safe no matter what their background is essential in your practice. The addition of an ethics component ensures that support workers manage their own professional safety, maintain professional boundaries and can manage ethical dilemmas.

Module 4: Working within Te Ao Māori

This module is about supporting tangata whenua to achieve their aspirations. It involves identifying concepts, theories, models or case studies that are developed from a Māori worldview and understanding how you apply them when engaging with tangata whenua.

Module 5: It's About Aotearoa

This module allows support workers to become aware of current issues and developments that are relevant to their role. This may be something broad or specific.

Module 6: Support practices – Practicum

This module assesses all competencies identified and discussed throughout the programme. It involves a kōrero between the learner, their manager/supervisor and their assessor. As part of the assessment for this Module, you are required to complete at least 200 hours of applying what you have learnt in your workplace.

How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at careerforce.org.nz/cwa
- An expression of interest form must be completed which can be found on our web page. Scan the QR code for details.

This programme is NOT suitable for employees working in the aged care sector.

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Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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