



Core Skills for Health and Wellbeing (Level 3)

Limited Credit Programme

23 credits

Expected duration 4 months

Ideal for:

- People working in Aged Care, Home and Community Support, Disability, Hospital and other Health and Wellbeing environments

Work-based learning
supported by **online** or
paper-based learning
resources and assessments

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Programme overview

The Core Skills for Health and Wellbeing (Level 3) is a new Limited Credit Programme developed to enable people to achieve the core knowledge required as part of a Level 3 programme and who are unable, for various reasons, to enrol in the full programme.

It supports caregivers and support staff working in the Aged Care, Home Support, Disability, Hospital and other Health and Wellbeing sectors. It contains the core knowledge and skills required for people who are working towards achieving their New Zealand Certificate in Health and Wellbeing (Level 3) qualification.

How the learning is delivered and assessed

This programme is delivered in the workplace, with the support of the employer and Careerforce.

Online learning and assessment can be completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment. Paper-based learning and assessment resources are also available on the Careerforce Resource Library.

Workplace and learner requirements

Workplace: The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

Learner: Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themselves, their assessor and their employer.

How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at careerforce.org.nz/cwa

Pay Equity

As the units for this programme are only part of a full qualification, it is not eligible for Pay Equity purposes.

Programme Outline:

Core Skills for Health and Wellbeing (Level 3) covers the following topics:

- Professional and ethical behaviour
- Vulnerability and abuse
- Communication
- Responding to changes
- Infection control

Unit standards:

No	Title	Level	Credits
28542	Demonstrate knowledge of, and apply professional and ethical behaviour in a health or wellbeing setting	3	5
28521	Describe responses to vulnerability and abuse in a health or wellbeing setting	3	5
28557	Communicate to support a person's health and wellbeing in a health or wellbeing setting	3	5
27459	Observe, describe and respond to changes in a person in a health or wellbeing setting	3	4
28535	Demonstrate knowledge of procedures for infection control	3	4
Total credit value			23

Enrolment requirements

To enrol in the Core Skills for Health and Wellbeing (Level 3), the trainee must meet the following requirements:

- Be employed in the Aged Care, Home Support, Disability, Hospital and other Health and Wellbeing environments.
- Have one of the following residency statuses:
 - New Zealand citizen (including Cook Islands, Niue and Tokelau citizens)
 - New Zealand permanent resident
 - Australian citizen
 - hold refugee status in New Zealand
 - hold a work visa that is eligible for domestic fees.

Scan the QR code to find out more:
See the fees, entry criteria and other information about this programme on our website.



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Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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