



Supporting a Person's Mental Health and Addiction Wellbeing (Level 4) (SCP)

Short Course Programme

41 credits

Expected duration 6 months

Ideal for:

- Support Workers likely to be working with people with mental distress or addictions who have already achieved the New Zealand Certificate in Health and Wellbeing (Social and Community) (Level 4).

Work-based learning
supported by **online** learning
resources and assessments

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Programme overview

This Supplementary Credit Programme (SCP) is for support workers who are working in other parts of the community and are likely to be working with people with mental distress or addictions.

Careerforce Short Programmes are developed and intended to provide additional learning opportunities to people that have previously completed Careerforce programmes. They are not a qualification, but a coherent short programme of learning and the unit standards achieved will feature on a person's NZQA Record of Achievement (ROA).

This short programme is for support workers who have already achieved the New Zealand Certificate in Health and Wellbeing (Social and Community) (Level 4) and are in roles that see them working with people from across sectors, that would benefit from some additional skills and/or capabilities to support the work they do, or have perhaps changed employers and have a different focus to their work.

How the learning is delivered and assessed

This programme is delivered in the workplace, with the support of the employer and Careerforce.

Online learning and assessment can be completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment.

Workplace and learner requirements

Workplace: The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

Learner: Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themselves, their assessor and their employer.

Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at careerforce.org.nz/fees-funding

Learning outcomes:

- Having an understanding of the history of the mental health and addictions sectors and its current influence.
- Being able to carry out tasks and responsibilities of a mental health and/or addiction support worker in a culturally appropriate manner, and contribute to a team.
- The ability to identify different approaches and models of ongoing treatment and apply appropriate treatment approach and ongoing support.

Prerequisites

Learners must have completed the New Zealand Certificate in Health and Wellbeing (Social and Community) (Level 4) delivered as a Careerforce apprenticeship programme.

Enrolments will be accepted where an approved programme has been completed with another provider.

How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at careerforce.org.nz/cwa

Scan the QR code to find out more:
See the fees, entry criteria and other information about this programme on our website.



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Careerforce is a business division of Te Pūkenga. We support workplace-based training, enabling employees to achieve nationally recognised qualifications, and deliver superior outcomes across the health and wellbeing sectors.



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