

# NZ Certificate in Health and Wellbeing (Level 3) Health Assistance Strand



**Work-based** learning  
supported by **online** and  
**paper-based** learning  
resources and assessments

70 credits

Expected duration:  
12 months

Ideal for:

- People employed  
as health assistants  
in various health and  
wellbeing settings

## Programme overview

### **This programme leads to the New Zealand Certificate in Health and Wellbeing (Level 3) Health Assistance Strand qualification.**

The programme is aimed at recognising the skills and knowledge required to provide person-centred support in the health and wellbeing sectors.

Graduates of the programme will develop the skills and knowledge required to provide care under the direction and delegation of a health professional in a range of contexts including aged residential, acute, primary and rehabilitative care.

## How the learning is delivered and assessed

This programme is delivered in the workplace, with the support of the employer and Careerforce.

Online learning and assessment can be completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment. Paper-based learning and assessment is also available. Employers should contact the Workplace Advisor to find out more about these options.

## Workplace and learner requirements

**Workplace:** The employer is responsible for coordinating the learner's on-job training activities and support in the workplace. Employers are encouraged to work alongside Careerforce to support staff to remain motivated and successful in their learning journey.

**Learner:** Learners are encouraged to try to manage their work and training commitments as best they can and complete them within the timeframe agreed between themselves, their assessor and their employer. Learners are required to achieve at least 10 credits per calendar year.

## Learner support

Learners who enrol in a Careerforce programme receive a series of supports to help keep them proactive, engaged and successful in their learning.

## Literacy and numeracy support

Difficulties with learning can be a barrier to success. The Tertiary Education Commission (TEC) requires that workplace training includes identifying learners who may need extra support on their learning journey. Learners may be required to complete a literacy and numeracy assessment as part of this programme.

## Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications.

You can view these options at [careerforce.org.nz/fees-funding](https://careerforce.org.nz/fees-funding)

## Learning outcomes:

- Observing and responding to changes in people in a health and wellbeing setting.
- Recognising and responding to signs of vulnerability and abuse in a health or wellbeing setting.
- Demonstrating and applying knowledge of ethical and professional behaviour in a health or wellbeing setting.
- Providing person-centred support to maximise independence.
- Communicating with others to support people's health and wellbeing.

## How to get started

Workplaces can enrol learners at any time, but first:

- The employer and learner must agree to the suitability of the programme to complete.
- Contact the Careerforce Workplace Advisor for your region at [careerforce.org.nz/cwa](https://careerforce.org.nz/cwa)

**Scan the QR code to find out more:**  
See the fees, entry criteria and other information about this programme on our website.

