

## POSITION DESCRIPTION

### POSITION DETAILS:

**Title:** Therapy Assistant – Day Programme and Community Teams  
**Department:** Tupu Ora, Eating Disorder Services  
**Reports to:** Clinical Team Leader  
**Date:** September 2016

### PURPOSE OF POSITION:

- To provide support care to individual clients and/or their families under the direction of Tupu Ora registered clinicians .
- To work alongside each individual and/or their family to identify and develop the necessary skills required to improve their process of recovery and quality of life in the community.

### KEY ACCOUNTABILITIES:

1. To work under the direction and supervision of a Tupu Ora registered clinicians who retain clinical responsibility.
2. To work effectively as a member of the Tupu Ora team, contributing to a team culture of co-operation, communication and support.
3. To work collaboratively with Tupu Ora clinicians in supporting treatment plans.
4. To demonstrate best practice and individual professional accountability at all times.
5. To ensure consideration is given to the cultural needs of clients through effective inclusion of Treaty Principles into practice along with an understanding of the needs of clients from other cultures.
6. To actively contribute to the continuous quality improvement of the service, initiatives and various roles within the team.

### Authorities: (as per delegated authority policy)

N/A

### Direct Reports (if applicable):

N/A

### Budget Accountability (if applicable):

N/A

### Relationships:

External	Internal	Committees/Groups
Tupu Ora service users and their family/Whanau  Statutory and Non Statutory Services:	Tupu Ora staff	Supervision Others on request

## PERSON SPECIFICATION

Service	Essential	Desired
	<ul style="list-style-type: none"> <li>• Full Drivers Licence</li> <li>• Computer Literacy</li> <li>• Understanding of Mental Illness and Recovery</li> <li>• Understanding of Eating Disorders</li> <li>• Excellent verbal and written English</li> </ul>	<ul style="list-style-type: none"> <li>• Certificate/Diploma in Mental Health Support Work and/or related fields.</li> <li>• Professional work experience in relevant mental health setting</li> </ul>

## CRITICAL COMPETENCIES

Competency	Description
1. Consumer Support	<p>Demonstrates inclusiveness, partnership and a client centred approach: integrating recovery and strength principles into all work practices.</p> <p>Demonstrates qualities of transparency, hope, and compassion. Clearly documents rationale for interventions and reviews client outcomes and assessments as required.</p> <p>Ability to work collaboratively with Tupu Ora clinical team to ensure consistency and quality of care.</p> <p>Ensures client accessibility to community resources and support networks.</p>
2. Communication / Interpersonal Skills	<p>Actively listens, drawing out information and checking understanding. Expresses information clearly and accurately, both orally and written. An ability to adapt language and style to the individual.</p> <p>Demonstrates an ability to engage in therapeutic relationships. Utilises supervision processes for professional and self-development.</p>
3. Teamwork	<p>Demonstrated ability to collaborate with team members to achieve positive outcomes and objectives for team.</p> <p>Actively contributes to and accepts consensus decisions. Recognises and respects individual differences.</p>
4. Self Management / Professional Development	<p>Demonstrates effective self-care to ensure safe practise.</p> <p>Ability to recognise limitations and maintain professional boundaries. Is proactive and displays initiative.</p> <p>Demonstrates effective time management.</p> <p>Monitors and evaluates own performance, seeking opportunities for professional training where required.</p>
5. Cultural Safety	<p>Demonstrates effective inclusion of Treaty Principles in practise.</p> <p>Ability to provide culturally appropriate support and assessment of need.</p> <p>Ability to liaise and engage cultural advisors/services as required.</p>