

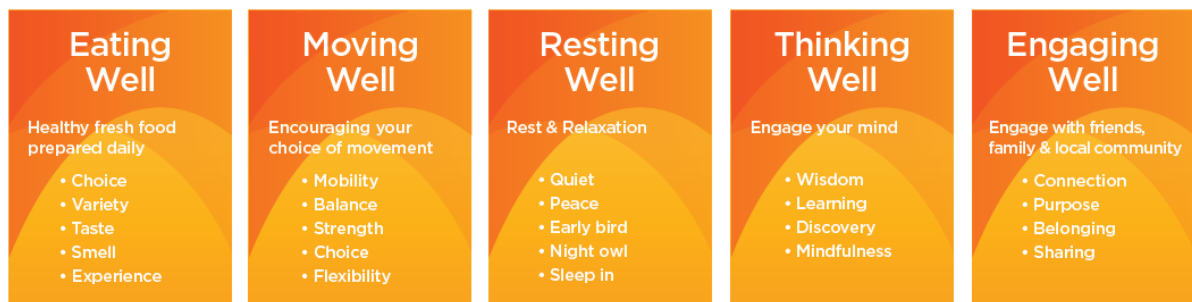
WELLNESS PARTNER

POSITION DESCRIPTION

The Wellness Partner contributes to the quality of life and wellbeing of our residents. This involves supporting them to Live Well in all aspects of daily life and according to our five Wellness Pillars.

The Wellness Partner reports directly to the Clinical Manager and is under the supervision of the Registered Nurse or other healthcare professional on duty.

The Wellness Partner is part of the wider household team which includes, clinical, wellness, kitchen and housekeeping staff and is supported by the Village Wellness Leader.



KEY ACCOUNTABILITIES:

1. Supporting residents in a manner which is sensitive to and respectful of individual differences, dignity, privacy and choice.
2. Empowering residents to wake and retire at a time of their choosing.
3. Working in partnership with residents to support their personal care needs as outlined in their individual care plan, whilst enabling them to maintain skills and a sense of independence. This may include; showering, dressing, grooming, toileting and bed-changing.
4. Working together with the Wellness Leader to promote mobility, communication and engagement of residents. This includes providing opportunities for resident involvement in activities of purpose and meaning within their household, the wider village and wider community, whilst maintaining residents right to privacy and choice.
5. Providing opportunities for cognitive stimulation; access to technology; ongoing learning and participation in household training as set out in the Attitude of Living Well leadership programme.
6. Collaborating with the kitchen team to provide opportunities for resident involvement in meal choice, self-selection, planning and preparation.
7. Creating a positive dining experience which contributes to residents' independence, dignity, engagement and enjoyment as well as their need for adequate nutrition and fluids.
8. Providing frequent opportunities and support to enable residents to take part in a variety of physical activities which are suited to their physical fitness and ability.
9. Observing, accurately documenting on eCase, and reporting any change in a resident health condition in a timely manner.
10. Accurately reporting resident status to the Registered Nurse on duty and other household staff through progress notes and shift handover.
11. Accurately reporting and documenting on eCase any incident involving a resident in line with the incident management policy.
12. Communicating with residents to ensure needs are identified and responded to in a timely way, including any call bell requests.
13. Communicating with visitors and family to ensure enquiries and requests are coordinated and communicated.
14. Assisting the registered nurse and other staff as required.

15. Where qualified and competent, administering medication to residents according to their medication plan.
16. Participating in training, in-service education and meetings as required.
17. Ensuring your own safety and that of other staff and residents by; understanding and complying with Health and Safety policy and procedures, wearing protective clothing and using protective equipment, reporting any pain or discomfort as soon as possible, reporting all accidents and incidents, and communicating any health and safety concerns to your manager.
18. Understanding and complying with all relevant policies and procedures
19. Performing any other duties that we reasonably require you to do. We may change your duties from time to time to reflect the changing requirements of your position and our business.

ADDITIONAL ROLE/S

You may be required to be specifically responsible for other related areas of accountability. Any Additional Roles are listed below and outlined in the specific Role Description/Competency for that role.

- _____
- _____

PERSON SPECIFICATION

- NZ Certificate in Health and Wellbeing, Diversional Therapy or similar relevant qualification
- Experience providing care and support to the elderly, or similar relevant experience
- Good oral and written communication skills
- Ability to cope with medium to heavy physical demands including walking, standing, crouching, bending, lifting, reaching and repetitive movements.
- Organisational, time management and problem-solving ability
- Empathy towards the elderly, good interpersonal and customer service skills
- Honesty and integrity

